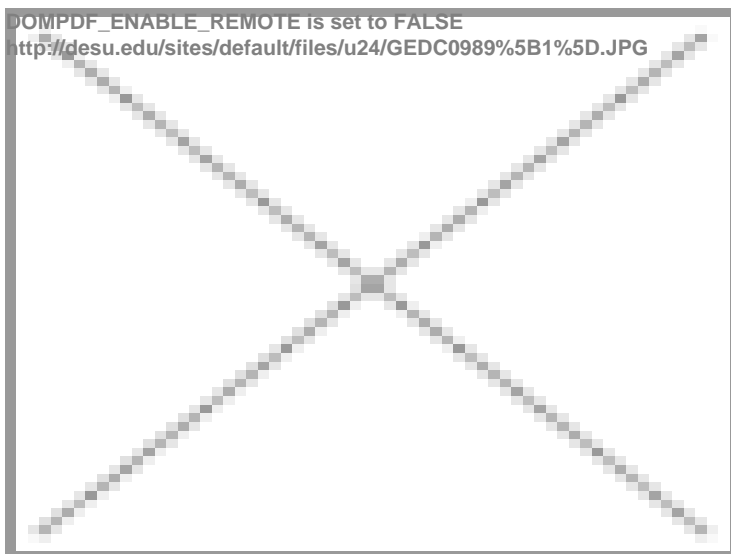


Cooperative Extension - Family & Consumer Science

DSU Extension's Family and Consumer Science Program covers a broad array of issues affecting everyday life. We offer programs on nutrition, food safety and health. We have the FF-NEWS (Families First ? Nutrition Education and Wellness System) program, which provides nutrition food safety and fitness education to primarily third grade students in low-income schools. We also have a workshop series called Small Steps to Health and Wealth, which provides research-based information and activities to improve physical and financial well-being.

Our research-based educational programs address parenting, childcare, family economic stability and stress management. Programs in this area will strengthen the capacity of families to nurture, support and guide their members throughout their lives.

EFNEP Classes



Nutrition Educator Natasha Lamadieu

congratulates Juanita Poole, graduate of the Eating Smart, Being Active EFNEP Class.

Upcoming Classes:

Kent County Community School (Dover, DE, behind William Henry Middle School)
Thursdays @ 5 PM
April 19, 26
May 3, 10, 17

Powerhouse Ministries
Tuesdays @ 7pm starting in May
Dates will be posted

The First Expanded Food and Nutrition Program Community Outreach Conference

May 18, 2012 @Dover Downs 12-2pm

Registration required for this event is required

Call Natasha Lamadieu 302-857-7926 or Stefanie Engram for registration details

Nutrition Newsletter ^[1]

Source URL: <http://desu.edu/agriculture-and-related-sciences/cooperative-extension-family-consumer-science>

Links:

[1] http://www.desu.edu/sites/default/files/Nutrition%20NWSLTR_S2011.pdf