

It All **MATTERS.**

Documentation Requirements: Psychological Impairments and Autism Spectrum Disorders

Any individual interested in requesting reasonable accommodations due to a Psychological Impairment (ie: Anxiety, Depression, PTSD, Bipolar Disorder, OCD, etc) and/or an Autism Spectrum Disorder should refer to the Documentation Requirements below:

Requirements of the Medical Professional:

- A. Evaluation must be conducted by a licensed mental health professional. This includes licensed clinical social workers, licensed professional counselors, psychologists, psychiatrists, and neurologists. Students who have an Autism Spectrum Disorder may also submit any documentation from Speech and Language Pathologists, Developmental Pediatricians, and Licensed Behavioral Therapists.
- B. Practitioners must follow their profession's Code of Ethics related to qualifications and conflicts of interest.
- C. Documentation must be: typed; dated; signed by the evaluator; and submitted to the Center for Disability Resources on professional letterhead in English.

Requirements of the Report:

- A. A clear statement of the DSM-V diagnosis, including pertinent symptomology and any fluctuations in the individual's condition. This should include any symptomology or fluctuations in condition that may be caused by medication.
- B. Documentation must be current. The age of acceptable documentation is dependent upon the disabling condition, the current status of the individual, and the individual's request for accommodation.
- C. Documentation must contain information pertaining to the individual's current level of functioning. A clear explanation of how the symptoms currently cause significant limitations for the individual within the academic or working environment must be included.

NOTE: For students, an IEP or 504 Plan, while helpful, may not be sufficient on its own without accompanying medical documentation for the CDR to determine whether a student does or does not qualify for accommodations at Delaware State University.

Documentation meeting the above Documentation Requirements should be submitted in a timely manner to the Center for Disability Resources. Insufficient information may delay the accommodation process and the University reserves the right to request additional documentation necessary to determine whether or not an individual qualifies for reasonable accommodations.

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